

# Complementary Therapies in Clinical Practice

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## Biofield therapies: Biophysical basis and biological regulations?

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### Abstract

Complementary and alternative medicine (CAM) is increasingly popular in biomedical health care. One area of alternative medicine, biofield therapies, claims to manipulate individuals 'energy field' in order to enhance healing and wellbeing. This article reviews some recent studies addressing the characterization of endogenous energy fields and the way they affect the physiologic processes. © 2008 Elsevier Ltd. All rights reserved.

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