

## Morphine is an arteriolar vasodilator in man

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### Abstract

**AIM** The mechanisms of action of morphine on the arterial system are not well understood. The aim was to report forearm vascular responses, and their mediation, to intra-arterial morphine in healthy subjects. **METHODS** Three separate protocols were performed: (i) dose ranging; (ii) acute tolerance; (iii) randomized crossover mechanistic study on forearm blood flow (FBF) responses to intrabrachial infusion of morphine using venous occlusion plethysmography. Morphine was infused either alone (study 1 and 2), or with an antagonist: naloxone, combined histamine-1 and histamine-2 receptor blockade or during a nitric oxide clamp. **RESULTS** Morphine caused an increase in FBF at doses of 30 g min<sup>-1</sup> [3.20 (0.26) ml min<sup>-1</sup> 100 ml<sup>-1</sup>] [mean (SEM)] doubling at 100 g min<sup>-1</sup> to 62.23 (0.23) ml min<sup>-1</sup> 100 ml<sup>-1</sup>. Acute tolerance was not seen to 200 g min<sup>-1</sup> morphine, with increased FBF [3.96 (0.30) ml min<sup>-1</sup> 100 ml<sup>-1</sup>] (P = 0.003), throughout the 30-min infusion period. Vasodilatation was abolished by pretreatment with antihistamines (P = 0.008) and the nitric oxide clamp (P < 0.001), but not affected by naloxone. The maximum FBF with pretreatment with combined H1/H2 blockade was 3.06 (0.48) and 2.90 (0.17) ml min<sup>-1</sup> 100 ml<sup>-1</sup> after 30 min, whereas with morphine alone it reached 4.3 (0.89) ml min<sup>-1</sup> 100 ml<sup>-1</sup>. **CONCLUSIONS** Intra-arterial infusion of morphine into the forearm circulation causes vasodilatation through local histamine-modulated nitric oxide release. Opioid receptor mechanisms need further exploration. © 2009 The British Pharmacological Society.

### Reaxys Database Information

### Author keywords

Histamine; Morphine; Naloxone; Nitric oxide; Opioid; Vasodilatation

### Indexed Keywords

**EMTREE drug terms:** antihistaminic agent; histamine H1 receptor antagonist; histamine H2 receptor antagonist; morphine; naloxone; nitric oxide; opiate receptor

**EMTREE medical terms:** adult; article; clinical trial; controlled clinical trial; controlled study; crossover procedure; dose calculation; drug mechanism; drug tolerance; forearm blood flow; human; human experiment; male; normal human; priority journal; randomized controlled trial; vasodilatation; vein occlusion plethysmography

**MeSH:** Adult; Dose-Response Relationship, Drug; Forearm; Histamine; Humans; Infusions, Intra-Arterial; Male; Middle Aged; Morphine; Plethysmography; Regional Blood Flow; Treatment Outcome; Vasodilation; Vasodilator Agents; Young Adult

*Medline is the source for the MeSH terms of this document.*

**Chemicals and CAS Registry Numbers:** morphine, 57-26-6, 57-27-2; naloxone, 307-08-4, 470-70-6; nitric oxide, 10102-43-9; Histamine, 51-45-6; Morphine, 57-27-2; Vasodilator Agents

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