

HLA-DQB1 subtypes predict diabetic retinopathy in patients with type I diabetes mellitus

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Abstract

Purpose. To investigate if diabetic patients without diabetic retinopathy despite long disease duration have different human leukocyte antigen (HLA) status vs those with an early onset of retinopathy. **Methods.** Retrospective, nonrandomized, masked comparative study. Type 1 diabetic patients with a disease onset before age 20 were recruited to the study. The study population consisted of two groups of diabetic patients: those with normal retinopathy course (retinopathy developed during the first 20 years of diabetes onset) (23 patients) and those with postponed retinopathy (no obvious retinopathy in spite of passing 20 years of diabetes) (19 patients). These groups were matched with regard to level of glycemic control, blood pressure, and lipid profile. A group of 22 healthy patients served as controls. HLA-DQB1 typing of blood samples was done using a polymerase chain reaction with sequence-specific primer (PCR-SSP) method. **Results.** HLA-DQB1*0201/HLA-DQB1*0301 and HLA-DQB1*0201/HLA-DQB1*0304 haplotypes were more common among type 1 diabetic patients with normal retinopathy course than those with postponed retinopathy (26.1% vs 0.0%; $p=0.019$). HLA-DQB1*0301 and HLA-DQB1*0304 were less common among those diabetic patients with normal retinopathy course than those with a postponed retinopathy (13.0% vs 33.3%; $p=0.067$). **Conclusions.** Some haplotypes seem to predispose diabetic patients to diabetic retinopathy. HLA typing may be beneficial for predicting the prognosis of diabetic retinopathy in younger diabetic patients. © Wichtig Editore, 2009.

Reaxys Database Information

Author keywords

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EMTREE medical terms: adult; article; clinical article; controlled study; diabetic retinopathy; disease course; female; genetic predisposition; haplotype; human; insulin dependent diabetes mellitus; male; onset age; polymerase chain reaction; priority journal; risk assessment; risk factor

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Medline is the source for the MeSH terms of this document.